



About Us

Waverley Oaks opened as a racquetball club in 1979 and has been owned and operated by the same family ever since. Seeing the members need for a well rounded healthy life style, we responded by doubling our size and program offerings to meet those needs. Currently, Waverley Oaks is a 55,000 square foot sports and fitness complex. We provide an array of programs, equipment and services and continually adapt our offerings to incorporate the most current fitness trends.

Our slogan, "*Fitness as a Way of Life*", is more than mere words. We are dedicated to the idea that through the development and maintenance of sound bodies, our member's "quality of life" will be enhanced. We offer programs for all the times of your life whether you are in your 20's or 40's or 60's.